

SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu October 2023



Alternate Cereal Choice Available for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY				
morror,	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud		
		to announce that Breakfast and	6	
-	Total T	Lunch will be served FREE to		
		Liberty, Eastside and Sallisaw	1	(A) (C)
		Middle School for the 2023-		
The same of the same of		2024 school year.	 	
	Arra Array			
2	3	4	5	6
Ham and Cheese Biscuit	French Toast Sticks	Oatmeal and Cinnamon Toast	HoneyBun	Biscuits and Gravy
Fruit	Fruit	Fruit	, Fruit	Fruit
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk
Juice, Milk		Juice, Milk	Juice, Milk	Juice, Milk
Mr. Ribb Sandwich	Crispito w/ Cheese	Oven Roasted Chicken	Pizza Pasta Bake	Cheesy Breadsticks
Mil. M.D. Canawion	Sauce		11224 1 4514 54115	oneday or addanced
Baked Beans	Spanish Disa	Maghad Patataga & Graya	Broccoli Salad	Marinara Sauce
	Spanish Rice	Mashed Potatoes & Gravy		Cesar Salad
Pickle Spears	Salsa and Chips	Black Eyed Peas	Breadstick	
Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar	WG Hot Roll	Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar
Cookie	Milk	Fresh Fruit and Vegetable Bar	Milk	Oreo Pudding
Milk		Milk		Milk
CornDog/Veggie	Same	Chicken Nuggets/ Veggie	Same	PBJ/Cheese Stick/Veggie
9	10	11	12	13
Sausage & Cheese Biscuit	Pancake on a Stick	Breakfast Pizza	Biscuits and Gravy	10
Fruit	Fruit	Fruit	Fruit	NO SCHOOL
				NO SCHOOL
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	
Breaded Chicken	Chielen Enghilade Saum	Chieken and Weffler	Dannanani Dima	
Sandwich	Chicken Enchilada Soup	Chicken and Waffles	Pepperoni Pizza	
Character on Calabata Calad	Division Color	Charles and Car	Comment Count Count	NO
Strawberry Spinach Salad	Black Bean Salsa	Strawberry Cup	Seasoned Sweet Corn	
Lettuce, Tomato and Pickles	Tortilla Chips	Potato Smiles	Fresh Fruit Cup	2000
Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Ran		Salad Bar	The second second
Tresmit and vegetable bal	Fresh Fruit and Vegetable Bar	Fresh Fruit and Vegetable Bar	Salad Bal	
Cookie	Milk	Milk	Milk	
Cookie Milk	Milk	Milk	Milk	
Cookie	Milk Same	-	Milk Same	
Cookie Milk	Milk	Milk	Milk	20
Cookie Milk CornDog/Veggie	Milk Same	Milk Chicken Nuggets/ Veggie	Milk Same	20
Cookie Milk CornDog/Veggie	Milk Same	Milk Chicken Nuggets/ Veggie 18	Milk Same	20
Cookie Milk CornDog/Veggie 16 Bacon , Egg & Cheese Biscuit	Milk Same 17 Peach Parfait	Milk Chicken Nuggets/ Veggie 18 Breakfast Burrito	Milk Same	20
Cookie Milk CornDog/Veggie 16 Bacon , Egg & Cheese Biscuit Fruit	Milk Same 17 Peach Parfait Grahams	Milk Chicken Nuggets/ Veggie 18 Breakfast Burrito Fruit	Milk Same	20
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Cookie Milk CornDog/Veggie 16 Bacon , Egg & Cheese Biscuit Fruit Juice, Milk Cheeseburger French Fries	Milk Same 17 Peach Parfait Grahams Juice, Milk Indian Taco Pinto Beans	Milk Chicken Nuggets/ Veggie 18 Breakfast Burrito Fruit Juice, Milk	Milk Same	20
Cookie Milk CornDog/Veggie 16 Bacon , Egg & Cheese Biscuit Fruit Juice, Milk Cheeseburger	Milk Same 17 Peach Parfait Grahams Juice, Milk Indian Taco	Milk Chicken Nuggets/ Veggie 18 Breakfast Burrito Fruit Juice, Milk Meatloaf	Milk Same	20 Zolovie School
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Cookie Milk CornDog/Veggie 16 Bacon , Egg & Cheese Biscuit Fruit Juice, Milk Cheeseburger French Fries Lettuce, Tomato and Pickle Fresh Fruit and Vegetable Bar Cookie Milk CornDog/Veggie	Milk Same 17 Peach Parfait Grahams Juice, Milk Indian Taco Pinto Beans Salsa and Chips Fresh Fruit and Vegetable Bar Milk Same 24	Milk Chicken Nuggets/ Veggie 18 Breakfast Burrito Fruit Juice, Milk Meatloaf Mashed Potatoes & Gravy Green beans WG Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/Veggie 25	Milk Same 19 PROFESSIONAL DAY School 26	Bred School
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Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.